

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: ZB

Coachinfo: Warming up from: 07:45 untill 08:45. Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Debeuckelaere Sindy HEADCOACH

Coaches: Tieghem Kristof

Coaches: Lefever Valerie

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 9: 100M FREESTYLE MEN 11+			Heat:1, starttime: 09:00
Heat: 1/27 Lane : 4 Athlete: T'JONCK MATHIJS			Q-time: 99:99:99
PB (50m pool): 01:29.04 Brugge 01/02/2026			PB (25m pool): 01:30.12 SB: 01:29.04 Brugge 01/02/2026
	50 M	100 M	
PB	00:44.08	01:29.04	
	00:44.08	00:44.96	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:3, starttime: 09:05
Heat: 3/27 Lane : 3 Athlete: THYVELEN RUNE			Q-time: 01:24:33
PB (50m pool): 01:19.62 Brugge 01/02/2026			PB (25m pool): 01:14.76 SB: 01:19.62 Brugge 01/02/2026
	50 M	100 M	
PB	00:37.48	01:19.62	
	00:37.48	00:42.14	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:5, starttime: 09:10
Heat: 5/27 Lane : 3 Athlete: STAELEN QUINTEN			Q-time: 01:17:18
PB (50m pool): 01:08.94 Antwerpen 15/03/2026			PB (25m pool): 01:07.25 SB: 01:08.94 Antwerpen 15/03/2026
	50 M	100 M	
PB	00:32.36	01:08.94	
	00:32.36	00:36.58	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: ZB

Event number: 9: 100M FREESTYLE MEN 11+			Heat:5, starttime: 09:10
Heat: 5/27 Lane : 7 Athlete: MOERMAN JASPER			Q-time: 01:18:32
PB (50m pool): 01:15.58 Antwerpen 08/03/2026			PB (25m pool): 01:14.03 SB: 01:15.58 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:36.58	01:15.58	
	00:36.58	00:39.00	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:9, starttime: 09:15
Heat: 9/27 Lane : 8 Athlete: VANHAECKE LOWIE			Q-time: 01:10:75
PB (50m pool): 01:07.81 Antwerpen 15/03/2026			PB (25m pool): 01:08.19 SB: 01:07.81 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:33.81	01:07.81	
	00:33.81	00:34.00	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:17, starttime: 09:30
Heat: 17/27 Lane : 3 Athlete: DE GRYSSE HAMZA			Q-time: 01:01:62
PB (50m pool): 01:01.62 Antwerp 02/02/2025			PB (25m pool): 00:59.89 SB: 01:02.43 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:29.86	01:01.62	
	00:29.86	00:31.76	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:17, starttime: 09:30
Heat: 17/27 Lane : 4 Athlete: PLOVIE FLYNN			Q-time: 01:01:31
PB (50m pool): 01:01.31 Kortrijk 04/05/2025			PB (25m pool): 00:57.55 SB: no time
	5 0 M	1 0 0 M	
PB	00:29.30	01:01.31	
	00:29.30	00:32.01	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: ZB

Event number: 9: 100M FREESTYLE MEN 11+			Heat:17, starttime: 09:30
Heat: 17/27 Lane : 9 Athlete: DEVRIESE SKY			Q-time: 01:02:35
PB (50m pool): 00:59.58 Antwerpen 15/03/2026			PB (25m pool): 00:59.03 SB: 00:59.58 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:28.48	00:59.58	
	00:28.48	00:31.10	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:18, starttime: 09:30
Heat: 18/27 Lane : 6 Athlete: VANDAMME LUCAS			Q-time: 01:00:54
PB (50m pool): 01:00.54 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 00:59.52 SB: 01:03.03 Brugge 01/02/2026
	5 0 M	1 0 0 M	
PB	00:29.46	01:00.54	
	00:29.46	00:31.08	
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:20, starttime: 09:35
Heat: 20/27 Lane : 5 Athlete: SALOMEZ HAAKON			Q-time: 00:59:32
PB (50m pool): 00:58.96 Zwembad Brigitte Becue Oostend 10/05/2025			PB (25m pool): 00:57.88 SB: 01:00.30 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	no time	00:58.96	
	no time		
			

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 11+			Heat:23, starttime: 09:35
Heat: 23/27 Lane : 8 Athlete: EECKHOUT SIEBEN			Q-time: 00:57:67
PB (50m pool): 00:57.49 Brugge 01/02/2026			PB (25m pool): 00:55.49 SB: 00:57.49 Brugge 01/02/2026
	5 0 M	1 0 0 M	
PB	00:27.35	00:57.49	
	00:27.35	00:30.14	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: ZB

Event number: 9: 100M FREESTYLE MEN 11+			Heat:26, starttime: 09:40
Heat: 26/27 Lane : 4 Athlete: DRUANT ANDREAS			Q-time: 00:52:33
PB (50m pool): 00:52.33 Antwerpen 27/07/2025			PB (25m pool): 00:50.73 SB: 00:53.36 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:25.02	00:52.33	
	00:25.02	00:27.31	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 09:55
Heat: 4/26 Lane : 1 Athlete: DEMAREST JAYDA			Q-time: 01:54:95
PB (50m pool): 01:46.98 Antwerpen 15/03/2026			PB (25m pool): 01:50.21 SB: 01:46.98 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:50.61	01:46.98	
	00:50.61	00:56.37	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 10:00
Heat: 6/26 Lane : 8 Athlete: DE DEYNE PAULIEN			Q-time: 01:48:71
PB (50m pool): 01:48.71 Brugge 01/02/2026			PB (25m pool): 01:45.21 SB: 01:48.71 Brugge 01/02/2026
	5 0 M	1 0 0 M	
PB	00:51.95	01:48.71	
	00:51.95	00:56.76	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:20, starttime: 10:30
Heat: 20/26 Lane : 2 Athlete: CASTELEYN YANA			Q-time: 01:26:90
PB (50m pool): 01:24.08 Antwerpen 08/03/2026			PB (25m pool): 01:22.91 SB: 01:24.08 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:40.27	01:24.08	
	00:40.27	00:43.81	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: ZB

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:20, starttime: 10:30
Heat: 20/26 Lane : 6 Athlete: GHEKIERE JUNE			Q-time: 01:26:73
PB (50m pool): 01:26.39 Antwerpen 08/03/2026			PB (25m pool): 01:21.65 SB: 01:26.39 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:39.97	01:26.39	
	00:39.97	00:46.42	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:22, starttime: 10:30
Heat: 22/26 Lane : 6 Athlete: BOUTTELEGIER ANAÏS			Q-time: 01:23:45
PB (50m pool): 01:21.15 Zwembad Brigitte Becue Oostend 10/05/2025			PB (25m pool): 01:18.44 SB: 01:22.56 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	no time	01:21.15	
	no time		
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:25, starttime: 10:35
Heat: 25/26 Lane : 8 Athlete: DEMAREST HAILEY			Q-time: 01:21:35
PB (50m pool): 01:21.35 Antwerpen 20/07/2025			PB (25m pool): 01:20.61 SB: 01:22.47 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:38.38	01:21.35	
	00:38.38	00:42.97	
			

Coach feedback:

Event number: 10: 100M BREASTSTROKE WOMEN 11+			Heat:26, starttime: 10:40
Heat: 26/26 Lane : 0 Athlete: DEMUYNCK MARGOT			Q-time: 01:21:42
PB (50m pool): 01:21.42 Antwerpen 27/07/2025			PB (25m pool): 01:17.53 SB: 01:21.85 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:38.38	01:21.42	
	00:38.38	00:43.04	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: ZB

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:2, starttime: 11:00
Heat: 2/24 Lane : 0 Athlete: T'JONCK MATHIJS			Q-time: 99:99:99
PB (50m pool): 01:41.04 Brugge 01/02/2026			PB (25m pool): 01:39.53 SB: 01:41.04 Brugge 01/02/2026
	5 0 M	1 0 0 M	
PB	00:49.99	01:41.04	
	00:49.99	00:51.05	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:5, starttime: 11:05
Heat: 5/24 Lane : 3 Athlete: THYVELEN RUNE			Q-time: 01:29:48
PB (50m pool): 01:23.03 Antwerpen 15/03/2026			PB (25m pool): 01:21.38 SB: 01:23.03 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:39.88	01:23.03	
	00:39.88	00:43.15	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:7, starttime: 11:10
Heat: 7/24 Lane : 6 Athlete: MOERMAN JASPER			Q-time: 01:25:00
PB (50m pool): 01:24.35 Antwerpen 08/03/2026			PB (25m pool): 01:23.34 SB: 01:24.35 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:42.26	01:24.35	
	00:42.26	00:42.09	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:15, starttime: 11:25
Heat: 15/24 Lane : 0 Athlete: VANHAECKE LOWIE			Q-time: 01:14:51
PB (50m pool): 01:14.51 Antwerpen 20/07/2025			PB (25m pool): 01:12.88 SB: 01:15.27 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:36.87	01:14.51	
	00:36.87	00:37.64	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 2: COACH evaluation sheet for TEAM: ZB

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:21, starttime: 11:35
Heat: 21/24 Lane : 1 Athlete: PLOVIE FLYNN			Q-time: 01:06:14
PB (50m pool): 01:06.14 Antwerpen 27/07/2025			PB (25m pool): 01:03.13 SB: 01:06.50 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:32.03	01:06.14	
	00:32.03	00:34.11	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+			Heat:23, starttime: 11:40
Heat: 23/24 Lane : 1 Athlete: EECKHOUT SIEBEN			Q-time: 01:04:88
PB (50m pool): 01:04.88 Antwerp 02/02/2025			PB (25m pool): 01:03.27 SB: 01:06.32 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:31.52	01:04.88	
	00:31.52	00:33.36	
			

Coach feedback: